

Oostends Loopcriterium

| Noordzeeloop | | | | | Heren | 27/03/2010 | 10.500 meter | |
|--------------|---------------|-----------|----------|---------------|-------|------------|--------------|-------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | km/u |
| 1 | Stieperaere | Davy | 116 | Varsenare | H1 | 00:36:25 | 1985 | 17,30 |
| 2 | Spriet | Stijn | 20 | Oostende | H1 | 00:37:43 | 1976 | 16,70 |
| 3 | Hocedez | Steven | 133 | Otegem | H2 | 00:38:08 | 1970 | 16,52 |
| 4 | Boone | Dirk | 119 | Oostduinkerke | H3 | 00:38:44 | 1965 | 16,27 |
| 5 | Debreyne | Frederic | 70 | De Haan | H2 | 00:38:58 | 1971 | 16,17 |
| 6 | Van Belleghem | Timothy | 103 | Assebroek | H1 | 00:39:00 | 1983 | 16,15 |
| 7 | Verleyen | Dirk | 248 | Bredene | H2 | 00:39:03 | 1969 | 16,13 |
| 8 | Lust | Christof | 144 | Oostduinkerke | H1 | 00:39:24 | 1977 | 15,99 |
| 9 | Florisooone | Hans | 65 | Oostende | H1 | 00:39:48 | 1979 | 15,83 |
| 10 | Hamers | Peter | 164 | Oostende | H2 | 00:39:53 | 1969 | 15,80 |
| 11 | Tackx | Koen | 137 | Brussel | H2 | 00:39:55 | 1969 | 15,78 |
| 12 | De Ketelaere | Luc | 181 | Gistel | H3 | 00:39:58 | 1962 | 15,76 |
| 13 | Puystjens | Gino | 140 | Lombardsijde | H3 | 00:40:00 | 1962 | 15,75 |
| 14 | Patoor | Dirk | 89 | Lochristi | H4 | 00:40:04 | 1955 | 15,72 |
| 15 | Creminger | Bart | 163 | Oostende | H1 | 00:40:28 | 1992 | 15,57 |
| 16 | Poppe | Alain | 3 | Oostende | H3 | 00:40:30 | 1962 | 15,56 |
| 17 | Deramoudt | Johan | 17 | Lombardsijde | H2 | 00:40:38 | 1970 | 15,50 |
| 18 | Ameloot | Frederik | 215 | Oostende | H1 | 00:40:47 | 1977 | 15,45 |
| 19 | Ramakers | Kenneth | 151 | Nieuwpoort | H1 | 00:40:52 | 1977 | 15,42 |
| 20 | Vrancken | Jacky | 26 | Bredene | H3 | 00:40:54 | 1959 | 15,40 |
| 21 | Stevens | Diederik | 227 | Leisele | H1 | 00:40:59 | 1986 | 15,37 |
| 22 | Coucke | Francis | 175 | Veurne | H2 | 00:41:01 | 1967 | 15,36 |
| 23 | Watthy | Johan | 1 | Gistel | H2 | 00:41:12 | 1967 | 15,29 |
| 24 | Bray | Colin | 125 | Rixensart | H4 | 00:42:12 | 1953 | 14,93 |
| 25 | Schoolmeester | Jan | 92 | Oostende | H4 | 00:42:15 | 1954 | 14,91 |
| 26 | Deweert | Marc | 28 | Oostende | H4 | 00:42:20 | 1950 | 14,88 |
| 27 | Van Camp | Alfons | 117 | Hamme | H4 | 00:42:30 | 1953 | 14,82 |
| 28 | Vanden Berghe | Patrick | 236 | Oostkamp | H2 | 00:42:41 | 1967 | 14,76 |
| 29 | Westerlinck | Stefaan | 41 | Kortrijk | H1 | 00:42:44 | 1978 | 14,74 |
| 30 | Vrancken | Jean | 150 | Bredene | H3 | 00:42:48 | 1961 | 14,72 |
| 31 | Rammant | Johan | 182 | Gistel | H2 | 00:42:54 | 1971 | 14,69 |
| 32 | Thibout | Jean Marc | 48 | Oostende | H3 | 00:42:57 | 1958 | 14,67 |
| 33 | Debruyne | Joren | 192 | Oostende | H1 | 00:43:03 | 1985 | 14,63 |
| 34 | Viaene | Christ | 226 | Veurne | H2 | 00:43:09 | 1968 | 14,60 |
| 35 | Naert | Marc | 158 | Oostende | H3 | 00:43:14 | 1965 | 14,57 |
| 36 | Liekens | Peter | 202 | Middelkerke | H2 | 00:43:17 | 1967 | 14,56 |
| 37 | Tanghe | Philippe | 232 | Gistel | H2 | 00:43:26 | 1967 | 14,50 |
| 38 | Seghers | Rony | 112 | Affligem | H2 | 00:43:32 | 1970 | 14,47 |
| 39 | Masselus | Kurt | 81 | Oostende | H2 | 00:43:38 | 1972 | 14,44 |
| 40 | Cabooter | Pascal | 207 | Oostende | H2 | 00:44:08 | 1967 | 14,27 |
| 41 | Tondelier | Dimitri | 180 | Leffinge | H2 | 00:44:19 | 1971 | 14,22 |
| 42 | Brackman | Thierry | 107 | Veurne | H2 | 00:44:21 | 1970 | 14,21 |
| 43 | Rogier | Martin | 183 | Snaaskerke | H3 | 00:44:24 | 1964 | 14,19 |
| 44 | De Groote | Jurgen | 146 | Lombardsijde | H2 | 00:44:32 | 1970 | 14,15 |
| 45 | Van Moortel | Kevin | 219 | Oostende | H1 | 00:44:36 | 1978 | 14,13 |
| 46 | Paque | Hans | 147 | Oostende | H3 | 00:44:48 | 1963 | 14,06 |
| 47 | Provost | Rik | 64 | Oostende | H3 | 00:44:51 | 1963 | 14,05 |
| 48 | Knockaert | Kevin | 121 | Oudenburg | H1 | 00:44:53 | 1993 | 14,04 |
| 49 | Van de Voorde | Johnny | 168 | De Haan | H3 | 00:44:57 | 1957 | 14,02 |
| 50 | Dumon | Gino | 120 | Oudenburg | H1 | 00:45:02 | 1976 | 13,99 |
| 51 | Hauweele | Erik | 15 | Lombardsijde | H3 | 00:45:04 | 1960 | 13,98 |
| 52 | Pille | Stefaan | 24 | Oostende | H2 | 00:45:14 | 1967 | 13,93 |
| 53 | Van Sundert | Benoit | 142 | Oostende | H2 | 00:45:15 | 1971 | 13,92 |
| 54 | Tyteca | Walter | 13 | Westende | H3 | 00:45:49 | 1957 | 13,75 |
| 55 | Lefevere | Willy | 10 | Oostende | H4 | 00:45:52 | 1949 | 13,74 |
| 56 | Devriendt | Johan | 37 | Oudenburg | H3 | 00:45:59 | 1963 | 13,70 |
| 57 | Durivault | Danny | 132 | Oostduinkerke | H3 | 00:46:05 | 1963 | 13,67 |
| 58 | Vanmullem | Christoph | 220 | Eernegem | H1 | 00:46:22 | 1979 | 13,59 |
| 59 | Declercq | Frederik | 247 | Bredene | H1 | 00:46:25 | 1990 | 13,57 |
| 60 | Jonckheere | Patrick | 199 | Oostende | H4 | 00:46:33 | 1955 | 13,53 |

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| | | | | | | | | |
|-----|---------------|-----------|-----|--------------|----|----------|------|-------|
| 61 | Leyzen | Dennis | 173 | Wenduine | H2 | 00:46:44 | 1973 | 13,48 |
| 62 | Defever | Michiel | 214 | Oostende | H1 | 00:46:48 | 1980 | 13,46 |
| 63 | Boucquaert | Patrick | 239 | Bredene | H3 | 00:46:54 | 1960 | 13,43 |
| 64 | Luypaert | Dirk | 42 | Oostende | H3 | 00:47:04 | 1964 | 13,39 |
| 65 | Sandra | Dieter | 124 | Oostende | H1 | 00:47:06 | 1981 | 13,38 |
| 66 | Steen | Vital | 237 | Bredene | H2 | 00:47:08 | 1972 | 13,37 |
| 67 | Wyllie | Jurgen | 196 | Oostende | H2 | 00:47:10 | 1972 | 13,36 |
| 68 | Houtteman | Wim | 152 | Oostende | H3 | 00:47:12 | 1960 | 13,35 |
| 69 | Vermeersch | Peter | 210 | Bredene | H3 | 00:47:14 | 1965 | 13,34 |
| 70 | Ducheyne | Stevin | 246 | Oostende | H1 | 00:47:20 | 1987 | 13,31 |
| 71 | Sabbe | Geert | 141 | Oostende | H3 | 00:47:22 | 1960 | 13,30 |
| 72 | Bassoune | Mo | 130 | Oostende | H2 | 00:47:33 | 1969 | 13,25 |
| 73 | Algoet | Dominique | 71 | Oostende | H3 | 00:47:37 | 1965 | 13,23 |
| 74 | Laflere | Lieven | 99 | Kortrijk | H2 | 00:47:38 | 1973 | 13,23 |
| 75 | Vanmassenhove | Stefaan | 209 | Oostende | H1 | 00:47:42 | 1983 | 13,21 |
| 76 | Poorteman | Kristof | 218 | Bredene | H1 | 00:47:53 | 1978 | 13,16 |
| 77 | Treve | Eric | 94 | Oostende | H4 | 00:47:55 | 1954 | 13,15 |
| 78 | Vermeulen | Gino | 184 | Oostende | H3 | 00:47:57 | 1964 | 13,14 |
| 79 | Dhondt | Bart | 142 | Brussel | H1 | 00:48:26 | 1984 | 13,01 |
| 80 | Rau | Peter | 80 | Oostende | H3 | 00:48:29 | 1965 | 12,99 |
| 81 | De Smedt | Tony | 205 | Bredene | H2 | 00:48:38 | 1971 | 12,95 |
| 82 | Ghyselbrecht | Michael | 257 | Oostende | H1 | 00:48:52 | 1981 | 12,89 |
| 83 | Deknudt | Mario | 223 | Leffinge | H1 | 00:48:55 | 1977 | 12,88 |
| 84 | Derijnck | Frank | 63 | Oostende | H3 | 00:48:57 | 1961 | 12,87 |
| 85 | Campe | Jos | 166 | Oostende | H2 | 00:49:02 | 1973 | 12,85 |
| 86 | Vansteenkiste | Davy | 229 | Eernegem | H1 | 00:49:05 | 1982 | 12,84 |
| 87 | Jonckheere | Koen | 172 | Oostende | H2 | 00:49:14 | 1975 | 12,80 |
| 88 | Gabriels | Thierry | 212 | Jabbeke | H2 | 00:49:25 | 1974 | 12,75 |
| 89 | Pyllyser | Sven | 78 | Bredene | H3 | 00:49:31 | 1965 | 12,72 |
| 90 | Vanhoucke | Kris | 155 | Oostende | H2 | 00:49:47 | 1968 | 12,65 |
| 91 | Schuyesmans | Luc | 118 | Oostende | H3 | 00:49:51 | 1964 | 12,64 |
| 92 | Vanhecke | Stefaan | 208 | Oostende | H2 | 00:49:53 | 1967 | 12,63 |
| 93 | Cloet | Benny | 111 | Oostende | H3 | 00:50:04 | 1962 | 12,58 |
| 94 | Demaegdt | Georges | 123 | Oostende | H4 | 00:50:18 | 1946 | 12,52 |
| 95 | Muys | Pascal | 221 | Oostende | H2 | 00:50:22 | 1970 | 12,51 |
| 96 | De Praitere | Guido | 127 | Harelbeke | H3 | 00:50:31 | 1960 | 12,47 |
| 97 | Garmyn | Yves | 85 | Oostende | H2 | 00:50:36 | 1969 | 12,45 |
| 98 | Patoor | Jeroen | 90 | Lochristi | H1 | 00:50:40 | 1995 | 12,43 |
| 99 | Beyen | Benny | 128 | Oostende | H1 | 00:50:42 | 1986 | 12,43 |
| 100 | Deramoudt | Tom | 159 | Lombardsijde | H1 | 00:50:48 | 1983 | 12,40 |
| 101 | Depoorter | Dirk | 244 | Oostende | H3 | 00:50:59 | 1963 | 12,36 |
| 102 | Mareman | Wanis | 87 | Oostende | H1 | 00:51:02 | 1990 | 12,34 |
| 103 | Cosaert | Jeroen | 160 | Gistel | H1 | 00:51:04 | 1977 | 12,34 |
| 104 | De Bruycker | Wim | 46 | Westende | H2 | 00:51:11 | 1975 | 12,31 |
| 105 | Decock | Ronny | 33 | Oostende | H4 | 00:51:18 | 1955 | 12,28 |
| 106 | Vandecasteele | Wouter | 250 | Oostende | H1 | 00:51:35 | 1981 | 12,21 |
| 107 | Gerard | David | 161 | Oostende | H2 | 00:51:38 | 1971 | 12,20 |
| 108 | Jongbloet | Frank | 191 | Oostende | H2 | 00:52:03 | 1968 | 12,10 |
| 109 | Brughmans | Herman | 91 | Jabbeke | H4 | 00:52:07 | 1946 | 12,09 |
| 110 | Waeyaert | Pedro | 8 | Oostende | H1 | 00:52:15 | 1978 | 12,06 |
| 111 | Laenens | Lodewijk | 79 | Oostende | H4 | 00:52:20 | 1948 | 12,04 |
| 112 | Verfaillie | Piet | 222 | De Haan | H2 | 00:52:23 | 1967 | 12,03 |
| 113 | Debruyne | Luc | 193 | Oostende | H3 | 00:52:26 | 1956 | 12,02 |
| 114 | De Moor | Carl | 254 | Zoersel | H2 | 00:52:34 | 1972 | 11,98 |
| 115 | Declerck | Franky | 52 | Oostende | H3 | 00:52:35 | 1958 | 11,98 |
| 116 | Devos | Marc | 54 | Oostende | H4 | 00:52:41 | 1952 | 11,96 |
| 117 | Germonprez | Ludwig | 66 | Bredene | H4 | 00:52:47 | 1955 | 11,94 |
| 118 | Van Belleghem | Wim | 165 | Ichtegem | H1 | 00:52:52 | 1978 | 11,92 |
| 119 | Lostrie | Walter | 4 | Oostende | H4 | 00:52:55 | 1947 | 11,91 |
| 120 | Claeys | Marino | 19 | Lombardsijde | H2 | 00:53:04 | 1972 | 11,87 |
| 121 | Coucke | Nicolas | 174 | Veurne | H1 | 00:53:07 | 1996 | 11,86 |
| 122 | Depoorter | Jim | 242 | Oostende | H1 | 00:53:11 | 1993 | 11,85 |
| 123 | Verbeke | Bruno | 88 | Oostende | H1 | 00:53:14 | 1984 | 11,83 |

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| | | | | | | | | |
|-----|-----------------|-----------|-----|--------------|----|----------|------|-------|
| 124 | Boey | Jens | 21 | Oostende | H1 | 00:53:15 | 1998 | 11,83 |
| 125 | Burke | Gerard | 241 | Oostende | H3 | 00:53:50 | 1960 | 11,70 |
| 126 | Vanroose | Roland | 53 | Bredene | H3 | 00:53:58 | 1958 | 11,67 |
| 127 | Waeyaert | Peter | 9 | Oostende | H2 | 00:54:00 | 1969 | 11,67 |
| 128 | Janssens | Anoy | 235 | Oostende | H2 | 00:54:13 | 1975 | 11,62 |
| 129 | Van Huele | Olivier | 157 | Oostende | H2 | 00:54:34 | 1971 | 11,55 |
| 130 | Vijverman | Franky | 143 | Heldergem | H2 | 00:54:37 | 1971 | 11,53 |
| 131 | Dumalin | Dennis | 73 | Bredene | H1 | 00:54:51 | 1985 | 11,49 |
| 132 | Milh | Lorenzo | 213 | Bredene | H2 | 00:54:54 | 1972 | 11,48 |
| 133 | Vanhulst | Christian | 40 | Oostende | H3 | 00:55:01 | 1958 | 11,45 |
| 134 | Jonckheere | Geert | 203 | Bredene | H3 | 00:55:08 | 1957 | 11,43 |
| 135 | Mestach | Serge | 72 | Oostende | H2 | 00:55:10 | 1967 | 11,42 |
| 136 | Vermeulen | Niels | 185 | Oostende | H1 | 00:55:17 | 1995 | 11,40 |
| 137 | Hanssen | Pascal | 58 | Oostende | H2 | 00:55:20 | 1966 | 11,39 |
| 138 | Nuytten | Lode | 190 | Oostende | H2 | 00:55:28 | 1968 | 11,36 |
| 139 | De Petter | Ronny | 171 | Wenduine | H3 | 00:55:35 | 1961 | 11,33 |
| 140 | Vandamme | Daniël | 134 | Brugge | H4 | 00:55:43 | 1954 | 11,31 |
| 141 | De Craemer | Martin | 61 | Oostende | H3 | 00:56:11 | 1965 | 11,21 |
| 142 | Mettepenningen | Lucien | 224 | Oostende | H4 | 00:56:16 | 1951 | 11,20 |
| 143 | Lutters | Jan | 253 | Oostende | H3 | 00:56:39 | 1964 | 11,12 |
| 144 | Verleye | Kristof | 34 | Eernegem | H2 | 00:56:50 | 1975 | 11,09 |
| 145 | Vandendriessche | Jacob | 234 | Oostende | H3 | 00:56:54 | 1964 | 11,07 |
| 146 | David | Danny | 93 | Koekelare | H4 | 00:57:04 | 1955 | 11,04 |
| 147 | Deramoudt | Marc | 14 | Lombardsijde | H4 | 00:57:37 | 1955 | 10,93 |
| 148 | Dehoorne | Arne | 76 | Oostende | H1 | 00:58:16 | 1976 | 10,81 |
| 149 | Verheyen | Jos | 251 | laakdal | H4 | 00:58:21 | 1948 | 10,80 |
| 150 | Germonpre | Nico | 240 | Oostende | H2 | 00:58:26 | 1972 | 10,78 |
| 151 | Illegems | François | 96 | Hingene | H4 | 00:58:29 | 1947 | 10,77 |
| 152 | Cattoor | Franky | 25 | Bredene | H3 | 00:59:05 | 1963 | 10,66 |
| 153 | Van Waeyenberge | Robert | 56 | Bredene | H4 | 00:59:07 | 1949 | 10,66 |
| 154 | Van Hee | Dirk | 44 | Oostende | H4 | 00:59:10 | 1948 | 10,65 |
| 155 | Lambert | Wim | 27 | Brugge | H2 | 00:59:14 | 1970 | 10,64 |
| 156 | Van Loo | Dylan | 255 | Oostende | H1 | 00:59:48 | 1992 | 10,54 |
| 157 | Desmet | Eric | 167 | Oostende | H4 | 00:59:52 | 1952 | 10,52 |
| 158 | De Bruycker | Eugeen | 45 | Overmere | H4 | 01:00:00 | 1950 | 10,50 |
| 159 | Rotsaert | Luc | 231 | Oostende | H2 | 01:00:15 | 1971 | 10,46 |
| 160 | Tjaeckx | Johan | 225 | Oostende | H3 | 01:00:17 | 1963 | 10,45 |
| 161 | De Raedemaeker | Franz | 252 | De Haan | H3 | 01:00:49 | 1956 | 10,36 |
| 162 | Weise | Damien | 74 | Gistel | H1 | 01:03:34 | 1981 | 9,91 |
| 163 | Verwulgen | Ivan | 153 | Oostende | H3 | 01:06:50 | 1964 | 9,43 |

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| Noordzeeloop | | | | | Dames | 27/03/2010 | 7.000 meter | |
|--------------|-----------------|------------|----------|--------------------|-------|------------|-------------|-------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | km/u |
| 1 | Pieters | Evy | 135 | Oostende | D1 | 00:28:10 | 1987 | 14,91 |
| 2 | De Both | An | 188 | Hamme | D2 | 00:28:30 | 1975 | 14,74 |
| 3 | Hertveldt | Heidi | 82 | Middelkerke | D2 | 00:28:36 | 1975 | 14,69 |
| 4 | Deruddere | Lies | 115 | Wevelgem | D1 | 00:29:06 | 1986 | 14,43 |
| 5 | Devriendt | Silke | 122 | Oudenburg | D1 | 00:29:22 | 1996 | 14,30 |
| 6 | Peeters | Chris | 156 | Blankenberge | D3 | 00:29:47 | 1964 | 14,10 |
| 7 | Coopman | Sabrina | 249 | Bredene | D2 | 00:29:50 | 1972 | 14,08 |
| 8 | Tuttens | Sophie | 104 | Meulebeke | D2 | 00:30:54 | 1972 | 13,59 |
| 9 | Strubbe | Fabienne | 36 | Oudenburg | D2 | 00:30:59 | 1967 | 13,56 |
| 10 | Reynaert | Eva | 197 | Oostende | D1 | 00:31:43 | 1980 | 13,24 |
| 11 | Leyre | Erna | 47 | Oostende | D3 | 00:32:18 | 1963 | 13,00 |
| 12 | Crefcoeur | Brigitte | 169 | De Haan | D3 | 00:32:28 | 1961 | 12,94 |
| 13 | Maes | Marleen | 31 | Oostende | D3 | 00:32:33 | 1963 | 12,90 |
| 14 | Malfait | Marjan | 200 | Blankenberge | D3 | 00:32:38 | 1957 | 12,87 |
| 15 | Debrouwere | Michele | 51 | Bredene | D2 | 00:32:54 | 1967 | 12,77 |
| 16 | Coenen | Jeannine | 32 | Ravels | D4 | 00:33:13 | 1953 | 12,64 |
| 17 | Vanhessche | Ulrike | 149 | Oudenburg | D2 | 00:33:17 | 1975 | 12,62 |
| 18 | Heusequin | Christel | 201 | Bredene | D2 | 00:34:14 | 1971 | 12,27 |
| 19 | Van Samang | Ann | 29 | Brugge St. Andries | D2 | 00:34:17 | 1970 | 12,25 |
| 20 | Huttener | Sylvia | 22 | Oostende | D2 | 00:34:21 | 1969 | 12,23 |
| 21 | Declerck | Leen | 176 | Koksijde | D1 | 00:34:25 | 1980 | 12,20 |
| 22 | Jaecques | Hilde | 233 | Gistel | D2 | 00:34:48 | 1970 | 12,07 |
| 23 | Callens | Julie | 256 | Oostende | D1 | 00:34:58 | 1987 | 12,01 |
| 24 | Boucquaert | Anne-Laure | 238 | Bredene | D1 | 00:35:01 | 1995 | 11,99 |
| 25 | Soltysova | Denisa | 110 | Brussel | D1 | 00:35:04 | 1980 | 11,98 |
| 26 | Breyne | Marleen | 43 | Oostende | D3 | 00:35:14 | 1960 | 11,92 |
| 27 | Coulier | Lies | 179 | Oostende | D2 | 00:35:16 | 1974 | 11,91 |
| 28 | Vanthuyne | Inge | 178 | Oostende | D1 | 00:35:19 | 1976 | 11,89 |
| 29 | Rotsaert | Martine | 177 | Oostende | D3 | 00:35:21 | 1964 | 11,88 |
| 30 | Knockaert | Georgette | 38 | Oostkamp | D3 | 00:35:33 | 1965 | 11,81 |
| 31 | Zonnekeyn | Pascale | 50 | Bredene | D2 | 00:35:54 | 1967 | 11,70 |
| 32 | Timmerman | Sandra | 211 | Oostende | D2 | 00:36:10 | 1969 | 11,61 |
| 33 | Bauwens | Dana | 194 | Blankenberge | D1 | 00:36:21 | 1988 | 11,55 |
| 34 | Pauwels | Valerie | 204 | Gistel | D2 | 00:36:32 | 1975 | 11,50 |
| 35 | Hoet | Marleen | Oostende | Oostende | D4 | 00:36:35 | 1953 | 11,48 |
| 36 | Beirens | Kristel | 245 | Jabbeke | D2 | 00:36:39 | 1972 | 11,46 |
| 37 | Timmerman | Katia | 6 | Oostende | D2 | 00:36:57 | 1973 | 11,37 |
| 38 | De Nys | Viviane | 57 | Oostende | D4 | 00:37:14 | 1949 | 11,28 |
| 39 | Pierloot | Sonja | 69 | Oostende | D2 | 00:37:28 | 1968 | 11,21 |
| 40 | Vandaele | Marleen | 186 | Oostende | D2 | 00:37:49 | 1968 | 11,11 |
| 41 | Leuwers | Carine | 206 | Reninge | D2 | 00:37:52 | 1972 | 11,09 |
| 42 | Desanghere | Ina | 62 | Oostende | D3 | 00:37:59 | 1964 | 11,06 |
| 43 | Vandendriessche | Sonja | 68 | Bredene | D3 | 00:38:30 | 1959 | 10,91 |
| 44 | Burggraeve | Leentje | 67 | Bredene | D3 | 00:38:32 | 1959 | 10,90 |
| 45 | Bronaeyns | Inge | 139 | oudenaarde | D2 | 00:38:35 | 1972 | 10,89 |
| 46 | De Clercq | Rita | 2 | Oostende | D3 | 00:38:47 | 1965 | 10,83 |
| 47 | Hertveldt | Kathy | 83 | Oostende | D1 | 00:38:49 | 1977 | 10,82 |
| 48 | Luca | Evelien | 113 | Oostende | D4 | 00:39:01 | 1952 | 10,76 |
| 49 | Boels | Vera | 18 | Zellik | D3 | 00:39:22 | 1959 | 10,67 |
| 50 | Roosen | Patricia | 154 | Oostende | D2 | 00:39:41 | 1970 | 10,58 |
| 51 | Wallaert | Corinne | 60 | Oostende | D2 | 00:40:10 | 1970 | 10,46 |
| 52 | Creminger | Inge | 162 | Oostende | D1 | 00:40:41 | 1989 | 10,32 |
| 53 | Bendels | Cindy | 148 | Nieuwpoort | D2 | 00:40:50 | 1974 | 10,29 |
| 54 | Pincket | Daisy | 136 | Oostende | D4 | 00:41:02 | 1954 | 10,24 |
| 55 | Plasschaert | Lise | 216 | Oostende | D1 | 00:41:04 | 1987 | 10,23 |
| 56 | Jacobs | Kristien | 230 | Oostende | D3 | 00:41:11 | 1962 | 10,20 |
| 57 | Vandepoele | Marleen | 49 | Oostende | D3 | 00:41:34 | 1962 | 10,10 |
| 58 | Nolf | Nele | 75 | Oudenburg | D4 | 00:41:52 | 1955 | 10,03 |
| 59 | De Zutter | Carine | 195 | Blankenberge | D3 | 00:43:11 | 1964 | 9,73 |
| 60 | Huwel | Agnes | 35 | Oostende | D4 | 00:43:24 | 1951 | 9,68 |

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| | | | | | | | | |
|----|----------|-----------------|----|--------------|----|----------|------|------|
| 61 | Wallaert | Marie-Christine | 59 | Oostende | D2 | 00:45:38 | 1966 | 9,20 |
| 62 | Depuydt | Bernadette | 77 | Oostende | D4 | 00:45:40 | 1949 | 9,20 |
| 63 | Soete | Natacha | 16 | Lombardsijde | D2 | 00:46:46 | 1970 | 8,98 |
| 64 | Meyers | Maria | 95 | Hingene | D4 | 00:49:00 | 1948 | 8,57 |

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| Noordzeeloop | | | | | St.-to-Run | 27/03/2010 |
|--------------|----------|-------------|----------|-----------|------------|------------|
| Naam | Voornaam | Borstnummer | Gemeente | Categorie | Tijd | Geboren |
| Blakebrough | Doreen | 508 | Oostende | STR | 00:21:01 | 1953 |
| Callens | Gregory | 507 | Oostende | STR | 00:41:26 | 1992 |
| De Bruycker | Veerle | 502 | Overmere | STR | 00:24:28 | 1988 |
| De Moor | Arne | 512 | Zoersel | STR | 00:19:57 | 1980 |
| Hintjens | Robin | 501 | Bredene | STR | 00:46:39 | 1995 |
| Muller | Shawn | 504 | Oostende | STR | 00:36:23 | 1996 |
| Ramont | Lynn | 509 | Oostende | STR | 00:26:36 | 1988 |
| Rodriguez | Lidivia | 505 | Oostende | STR | 00:21:16 | 1977 |
| Schuyesmans | Hans | 511 | Oostende | STR | 00:34:36 | 1990 |
| Servranckx | Maurice | 503 | Oostende | STR | 00:23:17 | 1948 |
| Steelandt | Katrien | 510 | Oostkamp | STR | 00:29:44 | 1976 |
| Swennen | Gilbert | 518 | Oostende | STR | 00:42:52 | 1950 |

Oostends Loopcriterium

| Noordzeeloop | | | | | Heren 1 | 27/03/2010 | 10.500 meter | |
|--------------|---------------|-----------|----------|---------------|---------|------------|--------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Stieperaere | Davy | 116 | Varsenare | H1 | 00:36:25 | 1985 | 163 |
| 2 | Spriet | Stijn | 20 | Oostende | H1 | 00:37:43 | 1976 | 162 |
| 3 | Van Belleghem | Timothy | 103 | Assebroek | H1 | 00:39:00 | 1983 | 158 |
| 4 | Lust | Christof | 144 | Oostduinkerke | H1 | 00:39:24 | 1977 | 156 |
| 5 | Florissoone | Hans | 65 | Oostende | H1 | 00:39:48 | 1979 | 155 |
| 6 | Creminger | Bart | 163 | Oostende | H1 | 00:40:28 | 1992 | 149 |
| 7 | Ameloot | Frederik | 215 | Oostende | H1 | 00:40:47 | 1977 | 146 |
| 8 | Ramakers | Kenneth | 151 | Nieuwpoort | H1 | 00:40:52 | 1977 | 145 |
| 9 | Stevens | Diederik | 227 | Leisele | H1 | 00:40:59 | 1986 | 143 |
| 10 | Westerlinck | Stefaan | 41 | Kortrijk | H1 | 00:42:44 | 1978 | 135 |
| 11 | Debruyne | Joren | 192 | Oostende | H1 | 00:43:03 | 1985 | 131 |
| 12 | Van Moortel | Kevin | 219 | Oostende | H1 | 00:44:36 | 1978 | 119 |
| 13 | Knockaert | Kevin | 121 | Oudenburg | H1 | 00:44:53 | 1993 | 116 |
| 14 | Dumon | Gino | 120 | Oudenburg | H1 | 00:45:02 | 1976 | 114 |
| 15 | Vanmullem | Christoph | 220 | Eernegem | H1 | 00:46:22 | 1979 | 106 |
| 16 | Declercq | Frederik | 247 | Bredene | H1 | 00:46:25 | 1990 | 105 |
| 17 | Defever | Michiel | 214 | Oostende | H1 | 00:46:48 | 1980 | 102 |
| 18 | Sandra | Dieter | 124 | Oostende | H1 | 00:47:06 | 1981 | 99 |
| 19 | Ducheyne | Stevin | 246 | Oostende | H1 | 00:47:20 | 1987 | 94 |
| 20 | Vanmassenhove | Stefaan | 209 | Oostende | H1 | 00:47:42 | 1983 | 89 |
| 21 | Poorteman | Kristof | 218 | Bredene | H1 | 00:47:53 | 1978 | 88 |
| 22 | Dhondt | Bart | 142 | Brussel | H1 | 00:48:26 | 1984 | 85 |
| 23 | Ghyselbrecht | Michael | 257 | Oostende | H1 | 00:48:52 | 1981 | 82 |
| 24 | Deknudt | Mario | 223 | Leffinge | H1 | 00:48:55 | 1977 | 81 |
| 25 | Vansteenkiste | Davy | 229 | Eernegem | H1 | 00:49:05 | 1982 | 78 |
| 26 | Patoor | Jeroen | 90 | Lochristi | H1 | 00:50:40 | 1995 | 66 |
| 27 | Beyen | Benny | 128 | Oostende | H1 | 00:50:42 | 1986 | 65 |
| 28 | Deramoudt | Tom | 159 | Lombardsijde | H1 | 00:50:48 | 1983 | 64 |
| 29 | Mareman | Wanis | 87 | Oostende | H1 | 00:51:02 | 1990 | 62 |
| 30 | Cosaert | Jeroen | 160 | Gistel | H1 | 00:51:04 | 1977 | 61 |
| 31 | Vandecasteele | Wouter | 250 | Oostende | H1 | 00:51:35 | 1981 | 58 |
| 32 | Waeyaert | Pedro | 8 | Oostende | H1 | 00:52:15 | 1978 | 54 |
| 33 | Van Belleghem | Wim | 165 | Ichtegem | H1 | 00:52:52 | 1978 | 46 |
| 34 | Coucke | Nicolas | 174 | Veurne | H1 | 00:53:07 | 1996 | 43 |
| 35 | Depoorter | Jim | 242 | Oostende | H1 | 00:53:11 | 1993 | 42 |
| 36 | Verbeke | Bruno | 88 | Oostende | H1 | 00:53:14 | 1984 | 41 |
| 37 | Boey | Jens | 21 | Oostende | H1 | 00:53:15 | 1998 | 40 |
| 38 | Dumalin | Dennis | 73 | Bredene | H1 | 00:54:51 | 1985 | 33 |
| 39 | Vermeulen | Niels | 185 | Oostende | H1 | 00:55:17 | 1995 | 28 |
| 40 | Dehoorne | Arne | 76 | Oostende | H1 | 00:58:16 | 1976 | 16 |
| 41 | Van Loo | Dylan | 255 | Oostende | H1 | 00:59:48 | 1992 | 8 |
| 42 | Weise | Damien | 74 | Gistel | H1 | 01:03:34 | 1981 | 2 |

Oostends Loopcriterium

| Noordzeeloop | | | | | Heren 2 | 27/03/2010 | 10.500 meter | |
|--------------|---------------|----------|----------|--------------|---------|------------|--------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Hocedez | Steven | 133 | Otegem | H2 | 00:38:08 | 1970 | 161 |
| 2 | Debreyne | Frederic | 70 | De Haan | H2 | 00:38:58 | 1971 | 159 |
| 3 | Verleyen | Dirk | 248 | Bredene | H2 | 00:39:03 | 1969 | 157 |
| 4 | Hamers | Peter | 164 | Oostende | H2 | 00:39:53 | 1969 | 154 |
| 5 | Tackx | Koen | 137 | Brussel | H2 | 00:39:55 | 1969 | 153 |
| 6 | Deramoudt | Johan | 17 | Lombardsijde | H2 | 00:40:38 | 1970 | 147 |
| 7 | Coucke | Francis | 175 | Veurne | H2 | 00:41:01 | 1967 | 142 |
| 8 | Watthy | Johan | 1 | Gistel | H2 | 00:41:12 | 1967 | 141 |
| 9 | Vanden Berghe | Patrick | 236 | Oostkamp | H2 | 00:42:41 | 1967 | 136 |
| 10 | Rammant | Johan | 182 | Gistel | H2 | 00:42:54 | 1971 | 133 |
| 11 | Viaene | Christ | 226 | Veurne | H2 | 00:43:09 | 1968 | 130 |
| 12 | Liekens | Peter | 202 | Middelkerke | H2 | 00:43:17 | 1967 | 128 |
| 13 | Tanghe | Philippe | 232 | Gistel | H2 | 00:43:26 | 1967 | 127 |
| 14 | Seghers | Rony | 112 | Affligem | H2 | 00:43:32 | 1970 | 126 |
| 15 | Masselus | Kurt | 81 | Oostende | H2 | 00:43:38 | 1972 | 125 |
| 16 | Cabooter | Pascal | 207 | Oostende | H2 | 00:44:08 | 1967 | 124 |
| 17 | Tondelier | Dimitri | 180 | Leffinge | H2 | 00:44:19 | 1971 | 123 |
| 18 | Brackman | Thierry | 107 | Veurne | H2 | 00:44:21 | 1970 | 122 |
| 19 | De Groote | Jurgen | 146 | Lombardsijde | H2 | 00:44:32 | 1970 | 120 |
| 20 | Pille | Stefaan | 24 | Oostende | H2 | 00:45:14 | 1967 | 112 |
| 21 | Van Sundert | Benoit | 142 | Oostende | H2 | 00:45:15 | 1971 | 111 |
| 22 | Leyzen | Dennis | 173 | Wenduine | H2 | 00:46:44 | 1973 | 103 |
| 23 | Steen | Vital | 237 | Bredene | H2 | 00:47:08 | 1972 | 98 |
| 24 | Wyllie | Jurgen | 196 | Oostende | H2 | 00:47:10 | 1972 | 97 |
| 25 | Bassoune | Mo | 130 | Oostende | H2 | 00:47:33 | 1969 | 92 |
| 26 | Laflere | Lieven | 99 | Kortrijk | H2 | 00:47:38 | 1973 | 90 |
| 27 | De Smedt | Tony | 205 | Bredene | H2 | 00:48:38 | 1971 | 83 |
| 28 | Campe | Jos | 166 | Oostende | H2 | 00:49:02 | 1973 | 79 |
| 29 | Jonckheere | Koen | 172 | Oostende | H2 | 00:49:14 | 1975 | 77 |
| 30 | Gabriels | Thierry | 212 | Jabbeke | H2 | 00:49:25 | 1974 | 76 |
| 31 | Vanhoucke | Kris | 155 | Oostende | H2 | 00:49:47 | 1968 | 74 |
| 32 | Vanhecke | Stefaan | 208 | Oostende | H2 | 00:49:53 | 1967 | 72 |
| 33 | Muys | Pascal | 221 | Oostende | H2 | 00:50:22 | 1970 | 69 |
| 34 | Garmyn | Yves | 85 | Oostende | H2 | 00:50:36 | 1969 | 67 |
| 35 | De Bruycker | Wim | 46 | Westende | H2 | 00:51:11 | 1975 | 60 |
| 36 | Gerard | David | 161 | Oostende | H2 | 00:51:38 | 1971 | 57 |
| 37 | Jongbloet | Frank | 191 | Oostende | H2 | 00:52:03 | 1968 | 56 |
| 38 | Verfaillie | Piet | 222 | De Haan | H2 | 00:52:23 | 1967 | 52 |
| 39 | De Moor | Carl | 254 | Zoersel | H2 | 00:52:34 | 1972 | 50 |
| 40 | Claeys | Marino | 19 | Lombardsijde | H2 | 00:53:04 | 1972 | 44 |
| 41 | Waeyaert | Peter | 9 | Oostende | H2 | 00:54:00 | 1969 | 37 |
| 42 | Janssens | Anoy | 235 | Oostende | H2 | 00:54:13 | 1975 | 36 |
| 43 | Van Huele | Olivier | 157 | Oostende | H2 | 00:54:34 | 1971 | 35 |
| 44 | Vijverman | Franky | 143 | Heldergem | H2 | 00:54:37 | 1971 | 34 |
| 45 | Milh | Lorenzo | 213 | Bredene | H2 | 00:54:54 | 1972 | 32 |
| 46 | Mestach | Serge | 72 | Oostende | H2 | 00:55:10 | 1967 | 29 |
| 47 | Hanssen | Pascal | 58 | Oostende | H2 | 00:55:20 | 1966 | 27 |
| 48 | Nuytten | Lode | 190 | Oostende | H2 | 00:55:28 | 1968 | 26 |
| 49 | Verleye | Kristof | 34 | Eernegem | H2 | 00:56:50 | 1975 | 20 |
| 50 | Germonpre | Nico | 240 | Oostende | H2 | 00:58:26 | 1972 | 14 |
| 51 | Lambert | Wim | 27 | Brugge | H2 | 00:59:14 | 1970 | 9 |
| 52 | Rotsaert | Luc | 231 | Oostende | H2 | 01:00:15 | 1971 | 5 |

Oostends Loopcriterium

| Noordzeeloop | | | | | Heren 3 | 27/03/2010 | 10.500 meter | |
|--------------|-----------------|-----------|----------|---------------|---------|------------|--------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Boone | Dirk | 119 | Oostduinkerke | H3 | 00:38:44 | 1965 | 160 |
| 2 | De Ketelaere | Luc | 181 | Gistel | H3 | 00:39:58 | 1962 | 152 |
| 3 | Puystjens | Gino | 140 | Lombardsijde | H3 | 00:40:00 | 1962 | 151 |
| 4 | Poppe | Alain | 3 | Oostende | H3 | 00:40:30 | 1962 | 148 |
| 5 | Vrancken | Jacky | 26 | Bredene | H3 | 00:40:54 | 1959 | 144 |
| 6 | Vrancken | Jean | 150 | Bredene | H3 | 00:42:48 | 1961 | 134 |
| 7 | Thibout | Jean Marc | 48 | Oostende | H3 | 00:42:57 | 1958 | 132 |
| 8 | Naert | Marc | 158 | Oostende | H3 | 00:43:14 | 1965 | 129 |
| 9 | Rogier | Martin | 183 | Snaaskerke | H3 | 00:44:24 | 1964 | 121 |
| 10 | Paque | Hans | 147 | Oostende | H3 | 00:44:48 | 1963 | 118 |
| 11 | Provost | Rik | 64 | Oostende | H3 | 00:44:51 | 1963 | 117 |
| 12 | Van de Voorde | Johnny | 168 | De Haan | H3 | 00:44:57 | 1957 | 115 |
| 13 | Hauweele | Erik | 15 | Lombardsijde | H3 | 00:45:04 | 1960 | 113 |
| 14 | Tyteca | Walter | 13 | Westende | H3 | 00:45:49 | 1957 | 110 |
| 15 | Devriendt | Johan | 37 | Oudenburg | H3 | 00:45:59 | 1963 | 108 |
| 16 | Durivault | Danny | 132 | Oostduinkerke | H3 | 00:46:05 | 1963 | 107 |
| 17 | Boucquaert | Patrick | 239 | Bredene | H3 | 00:46:54 | 1960 | 101 |
| 18 | Luypaert | Dirk | 42 | Oostende | H3 | 00:47:04 | 1964 | 100 |
| 19 | Houtteman | Wim | 152 | Oostende | H3 | 00:47:12 | 1960 | 96 |
| 20 | Vermeersch | Peter | 210 | Bredene | H3 | 00:47:14 | 1965 | 95 |
| 21 | Sabbe | Geert | 141 | Oostende | H3 | 00:47:22 | 1960 | 93 |
| 22 | Algoet | Dominique | 71 | Oostende | H3 | 00:47:37 | 1965 | 91 |
| 23 | Vermeulen | Gino | 184 | Oostende | H3 | 00:47:57 | 1964 | 86 |
| 24 | Rau | Peter | 80 | Oostende | H3 | 00:48:29 | 1965 | 84 |
| 25 | Derijnck | Frank | 63 | Oostende | H3 | 00:48:57 | 1961 | 80 |
| 26 | Pylyser | Sven | 78 | Bredene | H3 | 00:49:31 | 1965 | 75 |
| 27 | Schuyesmans | Luc | 118 | Oostende | H3 | 00:49:51 | 1964 | 73 |
| 28 | Cloet | Benny | 111 | Oostende | H3 | 00:50:04 | 1962 | 71 |
| 29 | De Praitere | Guido | 127 | Harelbeke | H3 | 00:50:31 | 1960 | 68 |
| 30 | Depoorter | Dirk | 244 | Oostende | H3 | 00:50:59 | 1963 | 63 |
| 31 | Debruyne | Luc | 193 | Oostende | H3 | 00:52:26 | 1956 | 51 |
| 32 | Declerck | Franky | 52 | Oostende | H3 | 00:52:35 | 1958 | 49 |
| 33 | Burke | Gerard | 241 | Oostende | H3 | 00:53:50 | 1960 | 39 |
| 34 | Vanroose | Roland | 53 | Bredene | H3 | 00:53:58 | 1958 | 38 |
| 35 | Vanhulst | Christian | 40 | Oostende | H3 | 00:55:01 | 1958 | 31 |
| 36 | Jonckheere | Geert | 203 | Bredene | H3 | 00:55:08 | 1957 | 30 |
| 37 | De Petter | Ronny | 171 | Wenduine | H3 | 00:55:35 | 1961 | 25 |
| 38 | De Craemer | Martin | 61 | Oostende | H3 | 00:56:11 | 1965 | 23 |
| 39 | Lutters | Jan | 253 | Oostende | H3 | 00:56:39 | 1964 | 21 |
| 40 | Vandendriessche | Jacob | 234 | Oostende | H3 | 00:56:54 | 1964 | 19 |
| 41 | Cattoor | Franky | 25 | Bredene | H3 | 00:59:05 | 1963 | 12 |
| 42 | Tjaeckx | Johan | 225 | Oostende | H3 | 01:00:17 | 1963 | 4 |
| 43 | De Raedemaeker | Franz | 252 | De Haan | H3 | 01:00:49 | 1956 | 3 |
| 44 | Verwulgen | Ivan | 153 | Oostende | H3 | 01:06:50 | 1964 | 1 |

Oostends Loopcriterium

| Noordzeeloop | | | | | Heren 4 | 27/03/2010 | 10.500 meter | |
|--------------|-----------------|----------|----------|--------------|---------|------------|--------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Patoor | Dirk | 89 | Lochristi | H4 | 00:40:04 | 1955 | 150 |
| 2 | Bray | Colin | 125 | Rixensart | H4 | 00:42:12 | 1953 | 140 |
| 3 | Schoolmeester | Jan | 92 | Oostende | H4 | 00:42:15 | 1954 | 139 |
| 4 | Deweert | Marc | 28 | Oostende | H4 | 00:42:20 | 1950 | 138 |
| 5 | Van Camp | Alfons | 117 | Hamme | H4 | 00:42:30 | 1953 | 137 |
| 6 | Lefevere | Willy | 10 | Oostende | H4 | 00:45:52 | 1949 | 109 |
| 7 | Jonckheere | Patrick | 199 | Oostende | H4 | 00:46:33 | 1955 | 104 |
| 8 | Treve | Eric | 94 | Oostende | H4 | 00:47:55 | 1954 | 87 |
| 9 | Demaegdt | Georges | 123 | Oostende | H4 | 00:50:18 | 1946 | 70 |
| 10 | Decock | Ronny | 33 | Oostende | H4 | 00:51:18 | 1955 | 59 |
| 11 | Brughmans | Herman | 91 | Jabbeke | H4 | 00:52:07 | 1946 | 55 |
| 12 | Laenens | Lodewijk | 79 | Oostende | H4 | 00:52:20 | 1948 | 53 |
| 13 | Devos | Marc | 54 | Oostende | H4 | 00:52:41 | 1952 | 48 |
| 14 | Germonprez | Ludwig | 66 | Bredene | H4 | 00:52:47 | 1955 | 47 |
| 15 | Lostrie | Walter | 4 | Oostende | H4 | 00:52:55 | 1947 | 45 |
| 16 | Vandamme | Daniël | 134 | Brugge | H4 | 00:55:43 | 1954 | 24 |
| 17 | Mettepenningen | Lucien | 224 | Oostende | H4 | 00:56:16 | 1951 | 22 |
| 18 | David | Danny | 93 | Koekelare | H4 | 00:57:04 | 1955 | 18 |
| 19 | Deramoudt | Marc | 14 | Lombardsijde | H4 | 00:57:37 | 1955 | 17 |
| 20 | Verheyen | Jos | 251 | laakdal | H4 | 00:58:21 | 1948 | 15 |
| 21 | Illegems | François | 96 | Hingene | H4 | 00:58:29 | 1947 | 13 |
| 22 | Van Waeyenberge | Robert | 56 | Bredene | H4 | 00:59:07 | 1949 | 11 |
| 23 | Van Hee | Dirk | 44 | Oostende | H4 | 00:59:10 | 1948 | 10 |
| 24 | Desmet | Eric | 167 | Oostende | H4 | 00:59:52 | 1952 | 7 |
| 25 | De Bruycker | Eugeen | 45 | Overmere | H4 | 01:00:00 | 1950 | 6 |

Oostends Loopcriterium

| Noordzeeloop | | | | | Heren 5 | 27/03/2010 | 7.000 meter | |
|--------------|-------------|----------|----------|-----------|---------|------------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Bruyndonckx | Louis | 100 | Hemiksem | H5 | 00:31:46 | 1944 | 65 |
| 2 | Delcour | Eddy | 170 | Oostende | H5 | 00:33:27 | 1945 | 57 |
| 3 | Geldhof | Johnny | 108 | De Panne | H5 | 00:35:34 | 1945 | 43 |
| 4 | Commeine | Roger | 98 | Kortemark | H5 | 00:37:07 | 1938 | 35 |
| 5 | Pillu | Fernand | 114 | Oostende | H5 | 00:37:56 | 1934 | 30 |
| 6 | Knockaert | Roger | 39 | Ooskamp | H5 | 00:38:41 | 1933 | 25 |
| 7 | Milants | Gilbert | 217 | De Haan | H5 | 00:40:07 | 1943 | 19 |
| 8 | Schuyesmans | Edmond | 84 | Oostende | H5 | 00:42:35 | 1936 | 10 |
| 9 | Van Bossche | Etienne | 86 | Oostende | H5 | 00:42:38 | 1938 | 9 |
| 10 | De Laere | François | 5 | Oostende | H5 | 00:42:46 | 1944 | 8 |
| 11 | Demuyneck | Eric | 187 | Gullegem | H5 | 00:48:50 | 1935 | 2 |

Oostends Loopcriterium

| Noordzeeloop | | | | | Dames 1 | 27/03/2010 | 7.000 meter | |
|--------------|-------------|------------|----------|--------------|---------|------------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Pieters | Evy | 135 | Oostende | D1 | 00:28:10 | 1987 | 75 |
| 2 | Deruddere | Lies | 115 | Wevelgem | D1 | 00:29:06 | 1986 | 72 |
| 3 | Devriendt | Silke | 122 | Oudenburg | D1 | 00:29:22 | 1996 | 71 |
| 4 | Reynaert | Eva | 197 | Oostende | D1 | 00:31:43 | 1980 | 66 |
| 5 | Declerck | Leen | 176 | Koksijde | D1 | 00:34:25 | 1980 | 53 |
| 6 | Callens | Julie | 256 | Oostende | D1 | 00:34:58 | 1987 | 51 |
| 7 | Boucquaert | Anne-Laure | 238 | Bredene | D1 | 00:35:01 | 1995 | 50 |
| 8 | Soltysova | Denisa | 110 | Brussel | D1 | 00:35:04 | 1980 | 49 |
| 9 | Vanthuyne | Inge | 178 | Oostende | D1 | 00:35:19 | 1976 | 46 |
| 10 | Bauwens | Dana | 194 | Blankenberge | D1 | 00:36:21 | 1988 | 40 |
| 11 | Hertveldt | Kathy | 83 | Oostende | D1 | 00:38:49 | 1977 | 23 |
| 12 | Creminger | Inge | 162 | Oostende | D1 | 00:40:41 | 1989 | 17 |
| 13 | Plasschaert | Lise | 216 | Oostende | D1 | 00:41:04 | 1987 | 14 |

Oostends Loopcriterium

| Noordzeeloop | | | | | Dames 2 | 27/03/2010 | 7.000 meter | |
|--------------|------------|-----------------|----------|--------------------|---------|------------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | De Both | An | 188 | Hamme | D2 | 00:28:30 | 1975 | 74 |
| 2 | Hertveldt | Heidi | 82 | Middelkerke | D2 | 00:28:36 | 1975 | 73 |
| 3 | Coopman | Sabrina | 249 | Bredene | D2 | 00:29:50 | 1972 | 69 |
| 4 | Tuttens | Sophie | 104 | Meulebeke | D2 | 00:30:54 | 1972 | 68 |
| 5 | Strubbe | Fabienne | 36 | Oudenburg | D2 | 00:30:59 | 1967 | 67 |
| 6 | Debrouwere | Michele | 51 | Bredene | D2 | 00:32:54 | 1967 | 60 |
| 7 | Vanhessche | Ulrike | 149 | Oudenburg | D2 | 00:33:17 | 1975 | 58 |
| 8 | Heusequin | Christel | 201 | Bredene | D2 | 00:34:14 | 1971 | 56 |
| 9 | Van Samang | Ann | 29 | Brugge St. Andries | D2 | 00:34:17 | 1970 | 55 |
| 10 | Huttener | Sylvia | 22 | Oostende | D2 | 00:34:21 | 1969 | 54 |
| 11 | Jaecques | Hilde | 233 | Gistel | D2 | 00:34:48 | 1970 | 52 |
| 12 | Coulier | Lies | 179 | Oostende | D2 | 00:35:16 | 1974 | 47 |
| 13 | Zonnekeyn | Pascale | 50 | Bredene | D2 | 00:35:54 | 1967 | 42 |
| 14 | Timmerman | Sandra | 211 | Oostende | D2 | 00:36:10 | 1969 | 41 |
| 15 | Pauwels | Valerie | 204 | Gistel | D2 | 00:36:32 | 1975 | 39 |
| 16 | Beirens | Kristel | 245 | Jabbeke | D2 | 00:36:39 | 1972 | 37 |
| 17 | Timmerman | Katia | 6 | Oostende | D2 | 00:36:57 | 1973 | 36 |
| 18 | Pierloot | Sonja | 69 | Oostende | D2 | 00:37:28 | 1968 | 33 |
| 19 | Vandaele | Marleen | 186 | Oostende | D2 | 00:37:49 | 1968 | 32 |
| 20 | Leuwers | Carine | 206 | Reninge | D2 | 00:37:52 | 1972 | 31 |
| 21 | Bronaeyns | Inge | 139 | oudenaarde | D2 | 00:38:35 | 1972 | 26 |
| 22 | Roosen | Patricia | 154 | Oostende | D2 | 00:39:41 | 1970 | 20 |
| 23 | Wallaert | Corinne | 60 | Oostende | D2 | 00:40:10 | 1970 | 18 |
| 24 | Bendels | Cindy | 148 | Nieuwpoort | D2 | 00:40:50 | 1974 | 16 |
| 25 | Wallaert | Marie-Christine | 59 | Oostende | D2 | 00:45:38 | 1966 | 5 |
| 26 | Soete | Natacha | 16 | Lombardsijde | D2 | 00:46:46 | 1970 | 3 |

Oostends Loopcriterium

| Noordzeeloop | | | | | Dames 3 | 27/03/2010 | 7.000 meter | |
|--------------|-----------------|-----------|----------|--------------|---------|------------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Peeters | Chris | 156 | Blankenberge | D3 | 00:29:47 | 1964 | 70 |
| 2 | Leyre | Erna | 47 | Oostende | D3 | 00:32:18 | 1963 | 64 |
| 3 | Crefcoeur | Brigitte | 169 | De Haan | D3 | 00:32:28 | 1961 | 63 |
| 4 | Maes | Marleen | 31 | Oostende | D3 | 00:32:33 | 1963 | 62 |
| 5 | Malfait | Marjan | 200 | Blankenberge | D3 | 00:32:38 | 1957 | 61 |
| 6 | Breyne | Marleen | 43 | Oostende | D3 | 00:35:14 | 1960 | 48 |
| 7 | Rotsaert | Martine | 177 | Oostende | D3 | 00:35:21 | 1964 | 45 |
| 8 | Knockaert | Georgette | 38 | Oostkamp | D3 | 00:35:33 | 1965 | 44 |
| 9 | Desanghere | Ina | 62 | Oostende | D3 | 00:37:59 | 1964 | 29 |
| 10 | Vandendriessche | Sonja | 68 | Bredene | D3 | 00:38:30 | 1959 | 28 |
| 11 | Burggraeve | Leentje | 67 | Bredene | D3 | 00:38:32 | 1959 | 27 |
| 12 | De Clercq | Rita | 2 | Oostende | D3 | 00:38:47 | 1965 | 24 |
| 13 | Boels | Vera | 18 | Zellik | D3 | 00:39:22 | 1959 | 21 |
| 14 | Jacobs | Kristien | 230 | Oostende | D3 | 00:41:11 | 1962 | 13 |
| 15 | Vandepoele | Marleen | 49 | Oostende | D3 | 00:41:34 | 1962 | 12 |
| 16 | De Zutter | Carine | 195 | Blankenberge | D3 | 00:43:11 | 1964 | 7 |

Oostends Loopcriterium

| Noordzeeloop | | | | | Dames 4 | 27/03/2010 | 7.000 meter | |
|--------------|---------|----------|----------|-----------|---------|------------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Coenen | Jeannine | 32 | Ravels | D4 | 00:33:13 | 1953 | 59 |
| 2 | Hoet | Marleen | 30 | Oostende | D4 | 00:36:35 | 1953 | 38 |
| 3 | De Nys | Viviane | 57 | Oostende | D4 | 00:37:14 | 1949 | 34 |
| 4 | Luca | Evelien | 113 | Oostende | D4 | 00:39:01 | 1952 | 22 |
| 5 | Pincket | Daisy | 136 | Oostende | D4 | 00:41:02 | 1954 | 15 |
| 6 | Nolf | Nele | 75 | Oudenburg | D4 | 00:41:52 | 1955 | 11 |
| 7 | Huwel | Agnes | 35 | Oostende | D4 | 00:43:24 | 1951 | 6 |